Health Inequalities Research Network Conference 2018

Programme

HERON

Health Inequalities Research Network

HERON is an international public engagement network aimed at people involved in action and research in inequalities in health and health service use. It brings together people from the community, local charities, public health researchers and health practitioners with a vision of having a collaborative approach to research in the community.

The aims of the network include:
- to provide a forum in which health practitioners, researchers and community members can share their experiences and information in order to further understand the problems affecting health
- to empower individuals within their neighbourhoods and communities by providing an environment to voice their opinions and contribute to a dialogue on health inequalities
- to highlight health inequalities through a variety of mediums and work towards reducing these inequalities

For more information on specific HERON activities please visit www.heronnetwork.com, follow us on twitter @heronnetwork or email heron@kcl.ac.uk

Keynote Session

Current and future directions in health equity research and action

Dr Denese Shervington
Institute of Women and Ethnic Studies, New Orleans, US

Cllr Jacqui Dyer
Black Thrive, London, UK

Dr Rakhee Shah
Association of Young People's Health, London, UK

Dr. Shervington has an intersectional career in public health and academic psychiatry. She is the President and CEO of The Institute of Women and Ethnic Studies (IWES), a community-based translational public health institute in New Orleans. At IWES, she directs a community-based post-disaster mental health and emotional resiliency recovery program, and a federally funded trauma-informed Teenage Pregnancy Prevention Program. Dr. Shervington is also a Clinical Professor of Psychiatry at Tulane University. Her focus at Tulane is residency education and training. Dr. Shervington is a graduate of New York University School of Medicine. She completed her residency in Psychiatry at the University of California San Francisco and is certified by the American Board of Psychiatry and Neurology. Dr. Shervington received a Masters of Public Health in Population Studies and Family Planning from Tulane University School of Public Health. In 2018, she received the Award for Excellence in Service and Advocacy from the American Psychiatric Association. In 2012, she received the Jeanne Spurlock Minority award from the American Psychiatric Association. Dr. Shervington is a member of the American College of Psychiatrists. She has authored several papers in peer-reviewed journals addressing health disparities, the social determinants of health and resilience in underserved communities.

Cllr Jacqui Dyer is a member of the founding team at Black Thrive. She also serves as the Chair of the Black Thrive Steering Committee. As an experienced counselor, trainer, group facilitator, mental health service user, carer and elected local councillor representing Vassall Ward, Jacqui brings many insights to Black Thrive. Recently, as vice-chair of NHS England's Mental Health Taskforce, Jacqui co-led the Five Year Forward View for Mental Health strategy and is currently a member of the Ministerial Advisory Group for Equalities in Mental Health.

Dr Rakhee Shah is a paediatric registrar based in London and is a research assistant at the Association for Young People's Health (AYPH). Rakhee was a co-author on AYPH's 2017 edition of Key Data on Young People, which is a national publication that consists of a compendium of health specific data for young people aged 10-24. Rakhee is also a co-author on The Health Foundation's recent 'The social determinants of young people's health' paper.

Wednesday 31st October Timetable

	MAX NASATYR ROOM	NEIGHBOURHOOD ROOM
08:30–09:15	**Registration and coffee**	
09:15–10:45	**WELCOME** **Young people's health** **Chair:** Kate Polling *(King's College London)* **Discussant:** Johnny Downs *(King's College London)*	
10:45–12:00	**Ethnicity and health** **Chair:** Jay Das Munshi *(King's College London)* **Discussant:** Samir Jeraj *(Race Equality Foundation, London)*	**Improving health services** **Chair:** Lauren Rayner *(King's College London)* **Discussant:** Catherine Negus *(Healthwatch Southwark, London)*
12:00–13:00	**Lunch -** Lunch will be made available on the basement level outside the South Bank Room	
13:00–14:15	**Addressing multi-morbidity** **Chair:** Faith Matcham *(King's College London)* **Discussant:** Alex Dregan *(King's College London)*	**Housing, homelessness and health** **Chair:** Billy Gazard *(King's College London)* **Discussant:** Jennifer Harris *(Homeless Link, London*
14:15–15:30	**Poverty, income and health** **Chair:** Sarah Dorrington *(King's College London)* **Discussant:** Claire Thompson *(London School of Hygiene and Tropical Medicine)*	**Marginal status and health** **Chair:** Charlotte Woodhead *(University College London)* **Discussant:** Lisa Richardson *(Institute of Women and Ethnic Studies, New Orleans, US)*
15:30–16:15	**Coffee and poster session (in the South Bank room)**	
16:15–17:30	**KEYNOTE SESSION** **Current and future directions in health equity research and action** **Chair:** Stephani Hatch *(King's College London)*	
17:30		

	FRED MILLER ROOM	SOUTH BANK ROOM
08:30–09:15		
09:15–10:45		
10:45–12:00		**Community voices** **Chair:** Sally Marlow **Discussant:** Iman Shervington (*Institute of Women and Ethnic Studies, New Orleans, US*)
12:00–13:00	**Lunch –** Lunch will be made available on the basement level outside the South Bank Room	
13:00–14:15	**Workshop** **Participatory approaches to health inequality**	**Workshop** **How can we resolve the tensions between research and advocacy?**
14:15–15:30	**Workshop** **Transforming practice for health equity**	**Workshop** **Art Assassins and our future likes**
15:30–16:15		**Showcase of action and research in health inequalities**
16:15–17:30		
17:30		**Raw Sounds Performance**

Session Content

SESSION 1A – 09:15-10:45

Young people's health
Max Nasatyr Room

Rakhee Shah (Association for Young People's Health)
Key Data on Young People: A spotlight on health inequalities

James Newham (King's College London)
Discovering complexity and unmet need within Lambeth and Southwark: baseline data of patients entering the Children and Young People's Health Partnership (CYPHP) model of care

Thomas Kabir (The McPin Foundation)
Children and Young People's Mental Health Research: Identifying Priorities

Keith Clements (National Children's Bureau)
Child health inequalities: Making data relevant for policy makers

SESSION 2A – 10:45-12:00

Ethnicity and health
Max Nasatyr Room

Jo Moriarty (King's College London)
Social care datasets, ethnicity, and access to services

Peter Schofield (King's College London)
The Ethnic Density Effect and Psychosis – Why do generational differences matter?

Victoria Olaniyan (Aston University)
Factors Influencing the Mental Health Help-Seeking Amongst Black and Asian Minority Ethnic (BAME) University Students: A Multi-Site Comparative Qualitative Study

Ghazala Mir (University of Leeds)
A Future Research Agenda for Ethnic and Religious Inclusion in Public Services

SESSION 2B – 10:45-12:00

Improving health services
Neighbourhood Room

Roshan Das (King's College London)
The associations between deprivation and hospital service use for children and young people locally and nationally: Learning from research to inform innovative service delivery and tackle inequalities

Chrysanthi Papoutsi (University of Oxford)
Group clinics for young adults with diabetes in an ethnically diverse, socioeconomically deprived setting (TOGETHER study): participatory, mixed methods evaluation.

Temitope Ademosu (King's College London)
Mind the (satisfaction) gap - what can we learn from Sierra Leone?

Rose Thompson (The McPin Foundation)
My story: Our future; understanding the life stories of people who use early intervention services for psychosis

SESSION 2C – 10:45-12:00

Community voices
South Bank Room

Dan Robotham (The McPin Foundation)
Finding ways to involve people in mental health research

Sanchika Campbell (King's College London)
Integrating Mental & Physical healthcare – the importance of patient voice in guiding healthcare priorities and research

Sohail Jannesari (King's College London)
How should mental health and well-being researchers work with people going through the asylum process?

SESSION 3A – 13:00 – 14:15

Addressing multi-morbidity
Max Nasatyr Room

Mark Ashworth (King's College London)
The (unequal) journey to multimorbidity

Sasha Mattock (King's College London)
When Other People Try to Understand' - Exploring the Experiences of People with Learning Disabilities who also have Mental Health Problems

Cecilia Vindrola-Padros (University College London and Camden & Islington Public Health)
Does syndemics offer a new direction to understanding and addressing inequalities in multimorbidity? A systematic review of reviews

Maria Kordowicz (King's College London)
Multimorbidity and community resource – a call for reconceptualisation

SESSION 3B – 13:00 – 14:15

Housing, homelessness and health
Neighbourhood Room

Martin Burrows (Groundswell)
Addressing health inequalities through developing peer based legal support for homeless people in London; considering the health impacts and future directions

David Parker-Radford (The Queen's Nursing Institute)
Nurse-led innovation and collaboration as a means to improving homeless healthcare

Andy Guise (King's College London)
Exploring future health services and public health strategies for homelessness and urban exclusion in London

Session Content

How can we resolve the tensions between research and advocacy?
Fred Miller Room

Facilitated by Sohail Jannesari, Dina Poursanidou and Akriti Mehta
(King's College London)

Participatory approaches to health inequality: getting young people involved in research and policy
South Bank Room

Facilitated by Stephanie Smith, Jon Eilenberg and Dustin Hutchinson
(National Children's Bureau)

Poverty, income and health
Max Nasatyr Room

Wagner Silva Ribeiro and Sara Evans-Lacko (London School of Economics and Political Science)
*Understanding the association between income inequality and mental health problems: mechanisms and potential intervention*s

Laura Goodwin (University of Liverpool)
Is the social patterning of alcohol use explained by mental health or drinking to cope with stress?

Sadie Lawes-Wickwar (Camden and Islington Public Health)
How are health and wellbeing referral hubs in the London Boroughs of Islington and Camden delivered and what are the experiences of staff and local residents?

Alexandra Smith (Camden and Islington Public Health)
Food poverty in Camden & Islington: understanding the local picture through a health needs assessment

Lorraine Hansford (University of Exeter)
Understanding the medicalisation of mental distress in low income communities: Researchers and residents working together to co-create alternative responses

Marginalised status and health
Neighbourhood Room

Anna Gkiouleka (University of York)
Health at the Border: Concepts & Practices An intersectional analysis of the health related response to refugees and migrants at Greek border spaces during 2015-2018

Christina Marriott (Revolving Doors)
Rebalancing Act: Place-based approaches to reducing health inequalities among people who come into contact with the criminal justice system

Elizabeth Davies (King's College London)
How is cancer care best provided to patients in English prisons?

Dylan Kneale (University College London)
Using IPD meta-analysis to explore health and care inequalities among Lesbian, Gay, Bisexual and Transgender people

Transforming practice for health equity: Using the Health Inequalities Assessment Toolkit (HIAT)
Fred Miller Room

Facilitated by Ana Porroche Escudero, Fiona Ward and Jennie Popay
(Lancaster University)

Art Assassins and Our Future Likes: Creative approaches to working with young people at the intersection of health, wellbeing and art
South Bank Room

Facilitated by Laura Wilson
(South London Gallery)

Current and future directions in health equity research and action
Max Nasatyr Room

Chair: Stephani Hatch
(King's College London)

Workshops

How can we resolve the tensions between research and advocacy?

Fred Miller Room

This workshop will explore the delicate balance between research and advocacy, drawing on the experiences of the three workshop facilitators. Facilitators will run activities exploring some of the challenges they have faced occupying the roles of researcher and advocate. Through the workshop they will provide different perspectives on their work, creating space to discuss ethical dilemmas relating to advocacy and challenging normative ideas about knowledge generation.

The workshop is divided into three parts. The first two explore the tensions between maintaining critical distance as a researcher and advocacy desires around creating systemic change. The third part questions our framing of these tensions, suggesting how researchers may be able to comfortably occupy both roles in future work. Each part aims to be as interactive as possible, maximising the time for participants to discuss their own experiences and dilemmas..

Participatory approaches to health inequality: getting young people involved in research and policy

South Bank Room

This workshop is about involving children and young people (CYP) in research and policy influencing. Co-produced and co-facilitated by the National Children's Bureau (NCB) Young Research Advisors (YRAs), this workshop explores conceptual as well as practical perspectives.

According to UN's Convention of the Rights of the Child, CYP have the right to express their views and to have those views considered and taken seriously. As such, there is a growing interest in engaging CYP with research and policies around areas such as mental health, child obesity, or the health implications of social media. Active participation can improve research designs, methods, findings, and impact, and it can also be a vehicle for challenging traditional power relations and tackling pervasive health inequalities.

By drawing on the expertise of CYP and researchers with direct experience of participatory research and youth-led policy influencing, this event will appeal to academics, researchers, policy makers, and charity workers by offering methodological insights, practical tools, and room for reflection. Many researchers do research on and with CYP, and by attending this event they will get the opportunity to explore and experience new approaches to actively engage key stakeholders in their research and policy activities.

The workshop includes individual sessions focusing on young people's participation in the research process, in dissemination activities, and in policy influencing. YRAs will talk about their involvement in different research projects and describe their experiences of participation. Issues around recruitment, facilitation of meetings, exit strategies, power relations, and ethical challenges will also be discussed.

Workshops

WORKSHOP 3 – 141:5–15:30

Transforming practice for health equity: Using the Health Inequalities Assessment Toolkit (HIAT)
Fred Miller Room

Interventions and policies can unintentionally increase health inequalities, often because approaches to reducing health inequalities focus on modifying people's behaviours without consideration of the wider economic and socio-cultural forces that shape those behaviours – a process described as Lifestyle Drift (Popay et al 2010). Despite this awareness, a health equity focus is not routinely embedded in the development and evaluation of interventions/policies aimed at health improvements.

The NIHR Collaboration for Leadership in Applied Health Research and Care North-West Coast (CLAHRC NWC) developed the Health Inequalities Assessment Tool (HIAT) www.hiat.org.uk . The HIAT aimed to support partners to incorporate an equity dimension into all their activities (applied research, capacity building, knowledge exchange, implementation), develop awareness of the structural determinants of health, and consider what action on inequalities is possible in their day-to-day practice as researchers, practitioners, managers and commissioners.

This workshop aims to:
(1) highlight the importance of integrating a health equity lens into research, implementation, evaluation and/or capacity building processes,
(2) illustrate how involving members of the public can help prevent unintended negative consequences on inequalities during any phase of the applied research process, and (3) stimulate discussion about how local partnerships can help maximise the positive impact of the intervention. Part one of the workshop will explain how CLAHRC NWC have used the HIAT to create knowledge, awareness and responsibility for health equity amongst a range of professionals and members of the public. In part two, participants will use the HIAT to analyse real case studies of interventions and policies.

WORKSHOP 4 – 141:5–15:30

Art Assassins and Our Future Likes: Creative approaches to working with young people at the intersection of health, wellbeing and art
South Bank Room

South London Gallery's youth forum, the Art Assassins and Bethlem Gallery's Our Future Likes demonstrate methods for working with young people at the intersection of art, history and health. This workshop will explore self-organisation through artistic practice and historical research to empower young people in their understanding of health and wellbeing. Together the SLG and Belthlem Gallery will share their experience and methods for working with young people on peer-led activities and facilitate discussion around how health equity research could inform future projects.

The Art Assassins are a diverse group of young people aged between 14-21 years old who meet weekly at the SLG. Over the last year they have been researching the history of the Peckham Experiment an innovative holistic healthcare movement prior to the establishment of the NHS, considering its relevance to health and wellbeing today.

The Bethlem Gallery's forthcoming exhibition Our Future Likes, explores the lives we live on and off-line from the perspective of young people, those who support them and those who were once young and have something to say. The theme was developed with young people from the Bethlem Adolescent Unit at Bethlem Royal Hospital in south London.

Showcase Session

Showcase of Action and research in health inequalities – Posters and media

15:30-16:15 - South Bank Room

How do Contextual Factors and Everyday Technologies Shape Inequalities in Participation among Ageing Communities Living with Health-related Vulnerabilities?
Sophie Gaber - *Karolinska Institutet, Stockholm, Sweden*

"Everybody knows somebody with vitamin D deficiency" - knowledge and practice surrounding vitamin D status in high-risk individuals: a qualitative analysis
Charlotte Lee - *University College London*

How do women living socially complex lives experience maternity care in the UK? A Realist Synthesis
Hannah Rayment-Jones - *King's College London*

Socio-economic inequality in maternal health care utilization in India,2005-16
Balhasan Ali - *International Institute for Population Sciences, Mumbai, India*

Developing "Inclusive Education" in Pakistani schools through the collaboration of Teachers and Occupational Therapists
Madiha Sajid - *University College London*

LGBT+ students' health service use: A qualitative study
Georgina Gnan - *King's College London*

Women's experiences of engagement in a perinatal programme to reduce violence
Poppy MacInnes - *King's College London*

The Effectiveness of Psychosocial Interventions for PTSD in Young Adult Victims of Criminal Violence in The Community: A Systematic Review
Clare Taylor - *King's College London*

Childhood gender nonconformity, peer relationships, self-esteem and emotional problems: A prospective birth-cohort study
Anna Sophia Warren - *King's College London*

Mediating and moderating factors influencing the relationship between public stigma and self-esteem: A systematic review
Lauren Armstrong - *King's College London*

Adolescent perspectives about their participation in alcohol intervention research in Emergency Care: a qualitative exploration using ethical principles as an analytical framework
Catherine Elzerbi - *King's College London*

A systematic review of the biopsychosocial interventions for young people with asthma and co-morbid mental health difficulties
Jessica Hughes - *King's College London*

Independent living and community inclusion for people with psychosocial disabilities in Ghana and Palestine: meanings, resources and challenges
Ursula Read - *King's College London*

The Hype Project
Esther Tolani - *King's College London*

Tackling Hearing Health Inequalities: The Importance of a Life-Course Approach and the Vicious Cycle among Socioeconomic Position and Hearing Loss
Tsimpida Dialechti - *University of Manchester*

Sexual orientation differences in self-esteem: A systematic review and meta-analysis
Livia Bridge - *King's College London*

Pre-pregnancy care for women with type 2 diabetes: care by fortuity
Rita Forde - *King's College London*

Conceptualising how health system factors influence inequalities in international cancer survival: a logic model
Melanie Morris - *London School of Hygiene and Tropical Medicine*

Adolescents' perspectives on food choices in deprived inner city London neighbourhoods
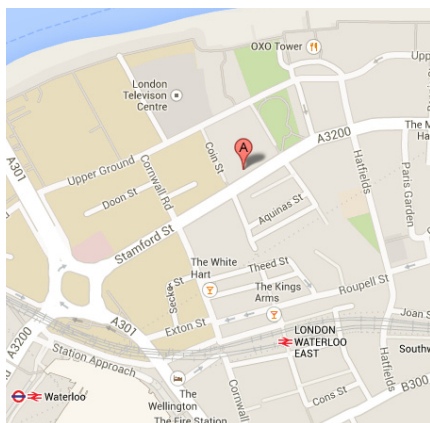Christelle Elia - *King's College London*

How to involve students in social actions to understand social inequalities in health?
Clara Maestre Miquel - *University of Castilla La Mancha*

Using Co-design to Develop New Group Clinics for Young People in Newham with Diabetes – The Together Study
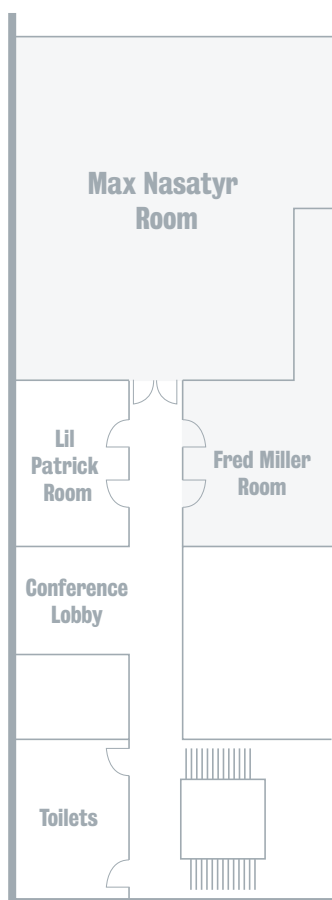Jeremy Sachs - *Association for Young People's Health*

Location

Coin St Neighbourhood Centre
108 Stamford Street
South Bank
London SE1 9NH

GROUND FLOOR

Neighbourhood Room

Toilets

Help Desk

Main Entrance

FLOOR 3

Max Nasatyr Room

Lil Patrick Room

Fred Miller Room

Conference Lobby

Toilets

BASEMENT

Toilets

South Bank Foyer

South Bank Room

Doreen Ramsey Room

Toilets